

REHABILITATION & MOBILITY AIDS

Support. Comfort. Recovery.

Discover a range of high-quality rehabilitation products designed to aid recovery, enhance mobility, and provide everyday support. From braces and supports to walking aids and therapy equipment, find the right solution for your needs.

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NECK & CHEST

- Comfortable and supportive with soft foam and cotton for a snug, sweat-absorbing fit.
- Ideal for recovery by providing neck support and reducing strain to alleviate neck discomfort.
- Lightweight and skin-friendly, designed for all-day wear without discomfort.
- **Size (neck circumference):**
 S: 25-30 cm
 M: 30-35 cm
 L: 35-40 cm
 XL: 40-45 cm



CLASSIC SOFT COLLAR



CHEST BINDER

- Targeted chest support for post-surgery recovery, sternotomy, or rib fractures.
- Customisable fit with an adjustable pulley and cord system for personalised compression.
- Breathable and comfortable with ventilated materials for extended wear.
- **Size (chest circumference):**
 1: up to 34"
 2: 34" - 55"

SHOULDER

- Adjustable and comfortable with a foam-padded interior and customisable shoulder straps.
- Versatile design that can be worn on either arm, ideal for post-surgery or injury recovery.
- Size: S, M, L, XL



SHOULDER ARM SLING



SHOULDER IMMOBILISER

- Effective immobilisation to stabilise the shoulder and prevent unwanted movement.
- Adjustable fit with padded straps and contact closures for a secure yet comfortable feel.
- Breathable and lightweight with soft, durable materials for long-term use.
- Size (Depth x Length):
 - S: 7"x13"
 - M: 8"x15"
 - L: 9"x 18"

ELBOW

- Pain relief and compression for tennis elbow, golfer's elbow, and forearm strain.
- Comfortable wear with a soft-feel gel pad and moisture-wicking fabric.
- Universal fit with an adjustable strap for both left and right arms.
- Size (forearm circumference):
S/M: 7" - 11"
L/XL: 11" - 15"



TENNIS ELBOW BRACE

WRIST



- Firm wrist support for injuries, sprains, and Carpal Tunnel Syndrome (CTS).
- Breathable and lightweight with antibacterial-treated fabric to maintain hygiene.
- Easy application with an open design that accommodates swelling and ensures a snug fit.
- Size (wrist circumference):
1: 13 - 17 cm
2: 17 - 23 cm

CLASSIC WRIST SPLINT

- Full wrist and thumb support for tendinitis, fractures, and arthritis.
- Customisable fit with an adjustable thumb spica and quick-lacing system for easy wear.
- Lightweight and breathable design ensures comfort for prolonged use.
- Size (wrist circumference):
 - 1: 13 - 15 cm
 - 2: 15.5 - 17.5 cm
 - 3: 18 - 20 cm
 - 4: 20.5 - 23 cm



WRIST AND THUMB IMMOBILISATION SPLINT



THUMB SPICA

- Immobilises the painful joints of your thumb and gives wrist support.
- Protects the joint and improve the function of the hand.
- Customisable fit with an adjustable thumb spica.
- Size : Universal

BACK

- Strong back support with contoured aluminium bars for spinal stability.
- Snug and flexible fit with elastic material for comfortable all-day wear.
- Pain relief and posture correction to reduce lower back pain and muscle strain.
- Size (hip circumference):

S: 70 - 80 cm

M: 80 - 90 cm

L: 90 - 100 cm

XL: 100 - 110 cm

XXL: 110 - 120 cm

XXXL: 120 - 130 cm



**LUMBAR
SUPPORT**



JEWETT BRACE

- Provides spinal stabilisation for upper thoracic to lower lumbar spine. Suitable for post-surgery and compression fracture recovery.
- Adjustable fit with a telescoping frame and self-adjusting sternal pad for customised comfort.
- Water-resistant construction suitable for physiotherapy and rehabilitation use.
- Size (pelvic circumference & sternum height):

S: 60 - 75 cm & 34 - 42 cm

M: 75 - 90 cm & 36 - 46 cm

L: 90 - 105 cm & 40 - 52 cm

XL: 105 - 115 cm & 42 - 54 cm

- Applies constant pressure to the abdomen, helping to alleviate the pain and support the incision for post abdominal surgery and post-delivery.
- Supports deep breathing and promotes walking.
- Helps reduce tissue oedema and the risk of wound dehiscence.
- Size: S, M, L, XL, XXL, XXXL



ABDOMINAL BINDER

PAVLIK HARNESS



- Treating infants with developmental dysplasia of the hip (DDH).
- Helps keep the infant's hips and knees bent and the thighs spread apart.
- Promote healing in babies with broken thighbones (femurs).
- Size: XS and S

PAVLIK HARNESS

KNEE

- Helps reduce swelling and keep the knee protected and supported.
- Lightweight knee sleeve that's easy to wear and simple to apply.
- Provides excellent support and compression for those with knee pain, arthritis, or injuries.
- **Size:**
 - S: 26 - 24 cm
 - M: 32 - 40 cm
 - L: 38 - 46 cm
 - XL: 44 - 52 cm



KNEE SUPPORT



HINGED KNEE STABILISER

- Provides firm support with sturdy metal hinges.
- Stabilises the medial and lateral ligaments.
- Enhances knee stability with open patella design.
- Provides even compression throughout the knee.
- Suitable for ligament injuries, sprains and strains or chronic knee instability.
- **Size:** S, M, L, XL

- Excellent immobilisation and range of motion (ROM) control for injured or operated knees.
- Stabilisation via long side-bars prevents valgus or varus deviation and ensures complete support.
- Helps protect and supports your knee after surgery.
- Size : Universal



POST-OP KNEE BRACE



COMPRESSION STOCKING

- Helps improve your blood flow and reduces pain and swelling in your legs.
- Lower your chances of getting deep vein thrombosis (DVT).
- Suitable for patients who have lymphoedema, oedema, diabetes, pregnancy, surgery, deep vein thrombosis and sports injuries.
- Available for calf & thigh
- Size: S, M, L, XL

ANKLE

- Protects broken bones and other injuries of the lower leg, ankle, or foot.
- Helps relieve pain by providing additional support and stability to the affected area.
- Integrated compression system helps reduce swelling in the affected area.
- Available: Long and Short Walking Boot
- Size: S, M, L, XL



PNEUMATIC WALKING BOOT



**ADJUSTABLE
ANKLE STABILISER**

- Immobilises the joint and helps reduce swelling after an injury.
- Keeps foot and toes in a neutral position to help prevent sudden twisting.
- Preventing further injuries.
- Size: Universal

- Provides support and compression for ankle sprains and promote efficient oedema reduction.
- Gives support and graduated compression during ambulation.
- Limit excessive movement of the ankle by providing extra stability to prevent further injury.
- Size: Universal



ANKLE STIRRUP BRACE

WALKING AID

- Provides stability and durability.
- Helps reduce weight-bearing on an injured or weak leg and assists with balance.

- **Size:**

Youth: 140 - 157 cm

Adult: 157 - 177 cm

Tall Adult: 177 - 198 cm



ALUMINIUM CRUTCHES



WALKING FRAME

- Gives support to maintain balance or stability while walking.
- Helps reduce weight-bearing on an injured or weak leg and assists with balance.
- **Size: Universal**

- Provides stability and durability.
- Helps reduce weight-bearing on an injured or weak leg and assists with balance.
- Size: Universal



ELBOW CRUTCHES



QUADRIPOD CANE

- Provides a broader base of support.
- Helps lower the risk of falls in people who are recovering from a stroke.
- Size: Universal

LUNG

- Encourages deep breathing to improve lung function.
- Helps prevent lung complications for post-surgical recovery.
- Suitable for ages 18-70 years old.
- **Size: Universal**



INCENTIVE SPIROMETER



RESPIVOL

- Encourages deep and prolonged inhalation especially in patients suffering from all types of respiratory disorders (restrictive and/or obstructive).
- Suitable for ages 70-90 years old.
- **Size: Universal**

WHEELCHAIR

- Foldable frame which allows for easy storage and transportation.
- Fixed armrests and footrests that provide stability and support during use.



STANDARD WHEELCHAIR



- Quick folding mechanism for convenient transport and storage.
- Removable armrests for easy transfers and compact storage.
- Padded seat and backrest for enhanced comfort.

DETACHABLE WHEELCHAIR

- Quick folding mechanism for convenient transport and storage.
- Detachable components make it easy to transport in cars or store compactly.
- Removable armrests and footrests for easy transfers and compact storage.
- Adjustable leg rest to allow for elevated leg positioning.



DETACHABLE ELEVATING WHEELCHAIR



- Provide a level of comfort and support for those in elderly care or with mobility difficulties.
- Adjustable reclining backrest and elevating leg rests provide enhanced relaxation and support for users with mobility challenges.
- Features adjustable headrest, detachable armrests & footrests for convenience and maneuverability.

RECLINING WHEELCHAIR

OTHERS

- Engineered to withstand high tension, reducing the risk of snapping.
- Available in various resistance levels to accommodate different fitness stages.
- Available in different strengths:
RED
GREEN
BLUE



RESISTIVE BAND



AIR CUSHION

- To relieve and reduce pressure by redistributing weight and creating a comfortable surface on which to sit.
- Suitable for individuals who sit for extended periods, with sacrum fracture and to prevent pressure sores.
- Size: Universal

- Traditional and reusable solution for hot or cold therapy using ice cubes or hot water.
- Designed with a soft, flexible fabric that conforms to the body for targeted relief.
- Ideal for quick-use therapy at home, requiring manual refilling for each application.
- Best for relieving muscle aches, bruises, headaches, menstrual discomfort, and fever.



ICE / HOT BAG



ICE / HOT GEL PACK

- A reusable gel-based pack that can be heated in a microwave or cooled in a freezer.
- Remains soft and flexible even when frozen, allowing better contouring to joints and muscles.
- Long-lasting temperature retention for more effective pain relief and swelling reduction.
- Suitable for post-injury recovery, sports therapy, and chronic pain management.

- Ideal for elderly, post-surgical patients, and those with mobility challenges.
- Functions as a standalone commode or over an existing toilet, with a foldable design for easy storage.
- Comes with padded armrests, back support, and height-adjustable seat for personalised comfort.
- Locking caster wheels ensure secure positioning, while the detachable armrests allow easy transfers.
- Removable commode bucket with a secure lid for hassle-free maintenance.



**MOBILE COMMODE
CHAIR**

Experience Comfort & Support Anytime, Anywhere

Rehabilitation Department Operation Hours

Monday to Friday : 8:30am – 5:30pm

Saturday : 8:30am – 1:00pm

Closed on Sundays and Public Holidays

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